

Solas sa SAOL (Light in Life) Programme

SAOL has experienced a huge increase in domestic violence among our participants over the last two years. As a result, we have developed a programme for addressing this issue with participants who have domestic violence as an issue.

This six session programme has been developed in conjunction with Solace Women's Aid (London) to provide an introductory space to talk about the issue and to begin to unravel the complex elements that make up each woman's story - and to do so with acceptance, without judgement and without encouraging inappropriate, knee-jerk reactions that put women in more danger than before.

We are hoping to pilot this programme and after feedback from other projects who might join us in such a pilot, to publish 'Solas sa Saol' by October 2013.

Anyone interested in assisting this process might contact Ger.

Ger's presentation at 'It's Different for Women'.

A pilot version of 'Solas sa Saol' is available for use. Please contact SAOL if you would like it - we want to make sure that people who use it know about Domestic violence first!